



Sail West at WAVES

Royal Vancouver Yacht Club
Friday - Sunday, June 19-21, 2026
Vancouver Canada

Supplementary Sailing Instructions

(In accordance with Appendix S)
[Includes Amendment 01 dated June 18, 2026](#)

1 SCHEDULE

Classes	First Warning Signal	
	Saturday	Sunday
29er, Club 420, RS Feva	1130	1100
Optimist Dinghy & Optimist Green	1200	1130
ILCA 7, ILCA 6, ILCA 4	1130	1100

2 ADDITIONAL RULES

- 2.1 Penalties for breaking a rule other than Part II or RRS 31 may be less than disqualification, at the discretion of the protest committee.
- 2.2 RRS 60.4(a)(2) is deleted and replaced by: "(2) if it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was not involved in, and did not see, the incident, or".

3 FLAG POLE & OFFICIAL NOTICE BOARD

The flag pole is on the north side of the main clubhouse, The official notice board is online at the event website www.royalvan.com/WAVES.

4 SIGNALS MADE ASHORE

- 4.1 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP.
- 4.2 [\[DP\] The Optimist Dinghy classes shall not leave the harbour until flag D with one sound is displayed.](#)



4A [DP][NP] CHECK OUT/CHECK IN

4A.1 Competitors in the Optimist classes shall

- check out from the harbour by leaving an orange ball on the east side of the marina to starboard and acknowledging the dock checkers as they pass.
- At the conclusion of racing for the day check in to the harbour by leaving an orange ball on the east side of the marina to port.

4A.2 Boats failing to comply with this Check Out/Check In procedure will be assessed a 10 percent scoring penalty applied to their most recent race in which they are recorded as a finisher.

5 THE COURSES

Courses and marks are shown in Addendum A.

6 THE START

6.1 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least one minute before a warning signal is displayed. This changes Appendix S.

6.2 The Optimist Green class will start in accordance with Addendum B -- Three Minute Starting Sequence.

7 CLASS FLAGS

Class flags are the class insignia on a plain background, except

ILCA 6	ILCA class insignia on a green background
ILCA 4	ILCA class insignia on a yellow background
Optimist Green	Optimist class insignia on a green background

8 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position. This changes Appendix S.

9 TIME LIMITS

9.1

	Mark 1 Time Limit	Race Time Limit	Finishing Window
ILCA 7, ILCA 6, ILCA 4	20 minutes	60 minutes	15 minutes
29er	15 minutes	45 minutes	10 minutes
Club 420 & RS Feva	20 minutes	45 minutes	15 minutes
Optimist Dinghy	NA	60 minutes	NA



- 9.2 Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within the Finishing Window. This changes RRS 35, A5.1, A5.2, A10 and Appendix S.
- 9.3 Boats in the Optimist and Optimist Green classes failing to finish within 15 minutes after the first boat in their class sails the course and finishes may be given a finish in their position on course as determined by the RC. This changes RRS 35, A4, A5 and Appendix S.
- 9.4 Support persons may coach boats in the Optimist class in the bottom one-third of the fleet after 4 minutes from the start. Support boats must keep well clear of other competitors.
- 10 AREAS THAT ARE OBSTRUCTIONS
- 10.1 A line beginning at the northwest corner of the Royal Vancouver YC Jericho breakwater, through a series of orange and white can buoys ending with the north end of the most westerly pier at Jericho Sailing Centre, delimits an obstruction. Boats may not pass south of this line.
- 10.2 Boats may not enter City of Vancouver swim areas off Jericho Beach, Kitsilano and Spanish Banks. These are designated as an obstruction.
- 11 SCORING
- (a) When less than five races have been completed, a boat's series score will be the total of her race scores.
- (b) When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 12 PROTESTS AND REQUESTS FOR REDRESS (CHANGES TO APPENDIX S)
- 12.1 The protest time limit for each course is 45 minutes after the race committee signal boat for that course returns to the harbour.
- 12.2 Requests for hearings are available on the online official notice board.
- 12.3 Scoring inquiries are available on the online official notice board.
- 12.4 Notices will be posted on the official notice board on the event website no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties.
- 12.5 A list of boats that have been penalized for breaking RRS 42 under Appendix P will be posted on the official notice board.
- 13 SAFETY REGULATIONS
- 13.1 The RVanYC Safety Plan applies, and is posted on the event web site. Any injury on the water must be reported to the race committee and the injured party taken to shore for examination.



- 13.2 [DP] A boat that retires from a race shall notify the race committee as soon as possible.
- 13.3 [DP] Boats shall not obstruct commercial traffic and must obey all warning signals and directions from commercial and race committee vessels.

14 RADIO COMMUNICATION

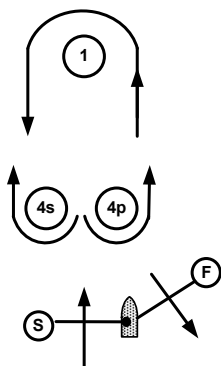
The race committee will communicate with coaches and spectators during the event:

ILCA course	VHF 67
Double-handed course	VHF 68
Optimist dinghy course	VHF 69
Optimist Green	VHF 73



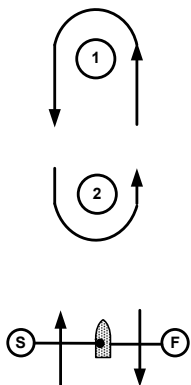
Addendum A to the Sailing Instructions

ILCA Course



Course: Start – 1 – 4s/4p – 1 – 4p – Finish	
Mark	Colour
Start mark	Red
Mark 1 – ILCA 7	Pink
Mark 1 – ILCA 6	Yellow
Mark 1 – ILCA 4	Green
Marks 4s & 4p	Pink
Finish mark	Blue & white

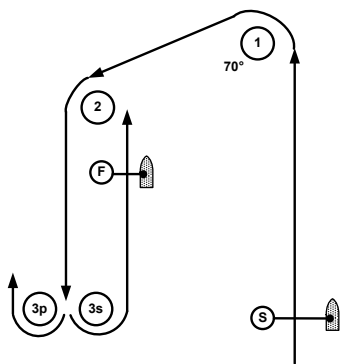
29er, RS Feva and Club 420 Course



Course: Start – 1 – 2 – 1 – Finish	
Mark	Colour
Start mark	Orange & white
Mark 1 – 29er	Yellow
Mark 1 – Others	Orange
Mark 2	Orange
Finish mark	Blue & white



Optimist Dinghy Course



Course: Start – 1 – 2 – 3s/3p – Finish	
Mark	Colour
Start mark	Orange
Marks 1 & 2	Green
Marks 3s & 3p	Red
Finish mark	Blue and white

Optimist Green Dinghy Course



Course: Start – 1 – S – Finish	
Mark	Colour
Start mark	Orange/white
Mark 1	Orange
Finish mark	Yellow

Addendum B to the Sailing Instructions

Three Minute Starting Sequence

Signal	Sound	Time before start
Attention	Series of short sounds	4 minutes
Warning	Three long	3 minutes
Preparatory	Two long	2 minutes
	One long, 3 short	1 minute, 30 seconds
	One long	1 minute
	Three short	30 seconds
	Two short	20 seconds
	One short	10 seconds
	5 short, 1 second apart	5 – 4 – 3 – 2 - 1
Start	One long	0

A warning signal will be displayed three minutes before the start.