



2026 Sail West at WAVES Regatta

June 20-22, 2026

Royal Vancouver Yacht Club
Vancouver Canada

Notice of Race

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

- 1 RULES
- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 The Organizing Authorities (OA) are Royal Vancouver Yacht Club (RVanYC) and Sail Canada.
- 1.3 Canadian prescriptions to the RRS will be posted on the event web site.
- 1.4 The regatta includes the District 6 ILCA Championships. The [ILCA-NA Grand Prix rules](#) and [International Laser Class Association rules](#) will apply.
- 1.5 Rule 40.1 (Personal Flotation Devices) will apply.
- 1.6 A boat that may have broken a rule of Part 2 while racing may take a One-Turn Penalty. However, for other than the 29er class, if a boat breaks a rule of Part 2 within the Zone of any rounding or finishing mark, her penalty shall be a Two-Turns Penalty.
- 1.7 Appendix P will apply. Rule P2.2 and P2.3 will not apply, and rule P2.1 is changed so that it will apply to any penalty.
- 1.8 RRS Appendix T Arbitration applies.
- 1.9 The Sail Canada Code of Conduct and Safe Sport Policy Package applies and can be found at <https://www.sailing.ca/safe-sport>
- 1.10 RVanYC Support Team Regulations apply, and are posted on the event web site.



Canada



1.11 [NP][DP] Tow lines

- Competitors in classes other than ILCA 4, 6 & 7 are required to carry buoyant tow lines with a minimum diameter of 8 mm. The mainsheet may be used as a tow line for ILCA classes.
- For Optimist Dinghy classes the minimum length of tow lines is 8 m.
- For other classes the minimum length of tow lines is 15m.
- Tow lines must be attached to the boat in all classes except the 29er class.

2 SAILING INSTRUCTIONS

The sailing instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions, and supplementary sailing instructions that will be posted on the official notice board.

3 COMMUNICATION

The regatta web site and online official notice board are located at www.royalvan.com/WAVES.

4 SAIL WEST CLINIC

Competitors in the ILCA, 29er and Optimist (not Optimist Green) classes may register for and are invited to attend the Friday Sail West Clinic. Schedule for the clinic is shown on the event web site.

5 SOCIAL PROGRAM

5.1 Competitors are invited to a regatta dinner on Saturday evening at 1730, included with each registration. Additional tickets for coaches, parents and friends will be available on the event web site.

5.2 After racing snacks will be served on Sunday before prizegiving.

6 ELIGIBILITY AND ENTRY

6.1 The event is open to all boats of these classes

ILCA 4	29er	Optimist
ILCA 6	Club 420	Optimist Green
ILCA 7	RS Feva	

6.2 ILCA 4, ILCA 6 and ILCA 7 competitors who are members of [ILCA-NA](http://ilca-na.org), or their national Laser Class Association, may enter by completing the registration and paying the required fees. Competitors with memberships outside of ILCA-NA must contact office@ilcanasailing.org with proof of membership before registering.



- 6.3 In accordance with Canadian Optimist Dinghy Association by-law 21, Red, Blue and White fleet assignments shall be made based on the sailor's age on June 20, 2026.
- Red Fleet– ages 13, 14 or 15 and who are not older than 15 as of December 31, 2026
 - Blue Fleet– ages 11 or 12
 - White Fleet – ages 10 and under
 - Green fleet – Novice sailors
- 6.4 Competitors assigned to the Optimist Green fleet must have a designated coach while on the water.
- 6.5 Boats may enter the event by registering online at the event web site before midnight on Thursday, June 18.
- 6.6 To be considered an entry in the event, a boat shall
- Register for the regatta online at the event web page
 - Return the completed liability waiver
 - Pay all necessary fees
 - Check in within the scheduled time, and complete sail check.
- 6.7 Late entries will be accepted until 0900 on Saturday, June 20 and are subject to an additional fee.
- 7 FEES

29er racing + clinic	\$195
29er racing only	\$145
ILCA classes racing + clinic	\$150
ILCA classes racing only	\$100
Club 420, RS Feva	\$140
Optimist Dinghy racing + clinic	\$125
Optimist Dinghy racing only	\$75
Optimist Green	\$75

- 7.2 Additional fees for late registration are
- Double-handed boats \$40
 - Single-handed boats \$25
- 7.3 Entry fees are in Canadian dollars and will have applicable taxes and fees added. Fees include a \$40 Sail Canada Sail West participation fee.



8 SCHEDULE

8.1 Schedule ashore

Friday	Sail West Clinic (details will be posted on the web site)	0900 – 1700
	Sail inspection & Check-in	1700 – 1900
Saturday	Sail inspection & Check-in	0830 – 0945
	Coaches briefing Competitors without coaches are invited to attend the briefing	1000
	Regatta dinner	1730
Sunday	Snacks & Prizegiving ashore	After racing

8.2 Dates and times of racing

	Saturday		Sunday	
	Number of Races	First Warning Signal	Number Of Races	First Warning Signal
29er	5	1130	5	1100
Club 420, RS Feva	4	1130	4	1100
Optimist Dinghy	4	1200	4	1130
ILCA 4, 6 & 7	4	1130	4	1100

8.3 No warning signal will be displayed after 1530 on Sunday.

9 INSPECTION

9.1 Each boat shall produce its mainsail for inspection on the front lawn of the club during the times specified. Alternatively, a photo of the sail number and class button, if applicable, may be submitted at check-in.

9.2 Boats may be inspected at any time.

10 VENUE

Attachment A shows the location of the racing areas.



- 11 COURSES
Courses will be windward-leeward, except Optimist Dinghies will sail the Optimist International course and Optimist Green will sail a simple windward-leeward course.
- 12 SCORING
- 12.1 One race is required to be completed to constitute a series, except for the ILCA classes, where three races are required.
- 12.2 When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 12.3 When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 13 SUPPORT VESSELS
- 13.1 [DP] Support vessels shall be marked with flags provided by the OA and monitor the VHF radio channel for their course.
- 13.2 [DP] Coaches and other support persons intending to go on the water during the event shall register on the event web site and complete the necessary waivers.
- 14 REPLACEMENT OF CREW
[DP] Substitution of competitors is not allowed without prior written approval of the race committee.
- 15 BERTHING
- 15.1 Competitors are welcome to bring their boats to the club for the weekend. Please follow the instruction from the wharfingers and greeters on arrival.
- 15.2 [DP] Boats shall be kept in their assigned places while on the dock or marina.
- 16 MEDIA RIGHTS.
By participating in the event competitors automatically grant to the organizing authority and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any still or motion pictures and live, taped or filmed television and other reproductions of the athlete obtained during the period of the competition without compensation.
- 17 PRIZES
Sail Canada medals and Helly Hansen items will be presented to winners of classes at the regatta. Additional prizes will be awarded.
- 18 RISK STATEMENT
RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas,



sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

19 **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See Rule 3, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta

20 **INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$3,000,000 per incident or the equivalent for Canadian boats and USD \$1,200,000 for boats from other countries. The Organizing Authority does not accept responsibility for verifying that a competitor holds valid insurance.

21 **FURTHER INFORMATION**

For further information please email racecommittee@rvan.ca.

